

2015



NDACTSNE

Winter Newsletter

North Dakota Association of Career & Technical Special Needs Educators

February 2015

Warm Winter Greetings!

We are already at the midpoint of this school year, and we now have to get used to writing 2015! I hope you had a relaxing and wonderful Christmas and New Year holiday.

As we are all trying to stay warm this month, plans are taking shape for our spring training conference to be held in Devils Lake on April 8th and 9th. Mark this on your calendars and plan to attend to network, learn about new programs, and have fun with your CTE peers!

Thank you for your membership in our NDACTSNE group and use this time before the April conference to be on the lookout for and encourage new members. Our group has so much to offer!

Deb Holbrook, 2014-2015 NDACTSNE President

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Page 2 – NDACTSNE Spring Conference Registration

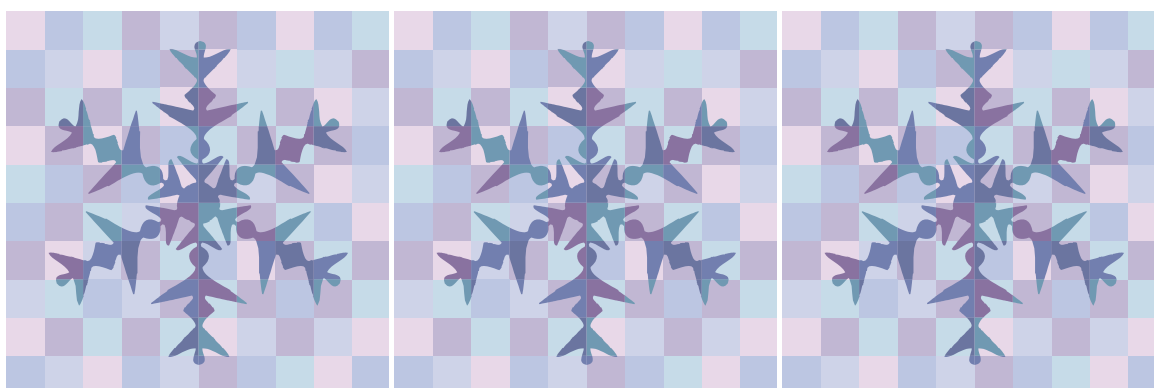
Page 3 – Career Information Links

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You are invited to attend the  
***North Dakota Special Needs Education  
Professional Development Conference***  
April 8-9, 2015 in Devils Lake, ND



Please join us to learn and network with a professional group of secondary and post-secondary educators from across the great state of North Dakota! If you work with any at-risk students, you need to attend this conference.

**Sponsored by the North Dakota Association of Career & Technical Special Needs Educators  
and the North Dakota Department of Career & Technical Education**

April 8, 2015:    **9:00 AM - 10:00 AM** *Registration* at: Cankdeska Cikana Community College – Room F 121  
214 1<sup>st</sup> Avenue, Fort Totten, ND

**10:00 AM - 3:15 PM** *Cankdeska Cikana Community College* ~ Conference Sessions/Tours

**3:30 PM - 4:30 PM** *Sioux Manufacturing* ~ Tour/Career Options  
1115 Dakota Drive, Fort Totten, ND

**5:00 PM - 7:00 PM** Dinner at *Spirit Lake Casino*  
7889 North Dakota 57, Saint Michael, ND

**7:30 PM - 8:30 PM** *Service Learning* ~ Catherine Erickson & Kris Scarborough, Bismarck  
Public Schools – Holiday Inn Express  
875 Hwy 2 East, Devils Lake, ND

April 9, 2015:    **8:30 AM - 2:15 PM** *Lake Region State College* ~ On Site Educational Tours/Lunch  
1801 College Drive, Devils Lake, ND

**2:30 PM - 3:30 PM** *ND School for the Deaf* ~ Tour & Curriculum  
1401 College Drive Bike Path, Devils Lake, ND

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Registration Fee: **Early Bird Registration: \$25 – due by March 2, 2015**
 Regular Registration: \$35 – due by March 31, 2015

**Room reservations can be made at the Holiday Inn Express located at 875 Hwy 2 East, Devils Lake, ND.
Call 1-701-665-3200 and ask for NDACTSNE Room Block. The first 20 rooms will receive grant support.**

Rooms must be reserved by March 15, 2015.

**Make your conference reservation using the form below as soon as possible. Contact Deb Holbrook at
701-746-2400 ext. 6319 or Kara Gruenberg at 701-671-2122 if you have any questions.**

Please e-mail this registration form to: kara.gruenberg@ndscs.nodak.edu

or mail this registration form to: **Kara Gruenberg**
 Academic Services Center
 ND State College of Science
 800 6th Street North
 Wahpeton, ND 58076

Final Registration is due Tuesday, March 31, 2015.

Name:

School:

School Address:

E-mail Address:

Any special needs please contact Kara Gruenberg at 701-671-2122 at least 10 days before the scheduled meetings.

Checks payable to NDACTSNE.

Position:

School Phone:



Check out these resources for some great career explorations & connections:

Career Link Inventory

Students will find out what career fields they are best matched with depending upon their responses to identifying their aptitudes, interests, temperaments, physical capacities & working conditions, and career preparation time. The information provided will produce a career profile showing to what extent your self-identified characteristics and preferences match those considered significant in eighty career clusters.

<http://www.mpcfaculty.net/CL/cl.htm>

Checklists for Academic and Financial Preparation

**Are you a student? A parent? An adult thinking about going back to school?
Want to know how to prepare for college or career school?**

Follow the link to the checklists to find out the steps you can take to help your chances of getting into—and being able to afford—the school of your choice.

<https://studentaid.ed.gov/prepare-for-college/checklists>

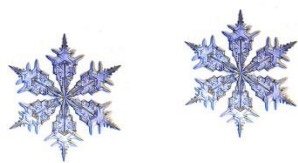
CareerOneStop is:

Your pathway to career success. Tools to help job seekers, students, businesses, and career professionals.

Sponsored by the U.S. Department of Labor

<http://www.careeronestop.org/>





MARK YOUR CALENDARS:

NDACTSNE Spring Professional Development Conference

April 8-9, 2015 – Devils Lake, ND

ACTE Region V Conference

April 15-17, 2015 – Kansas City, MO

NDCTE Professional Development Conference

August 10-12, 2015 – Bismarck, ND

There are scholarships available to attend regional and national conferences.

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## **LINKS to Career & Technical Education RESOURCES**

**Nominate a deserving recipient for one of our NDACTSNE Awards:**

<http://www.nd.gov/cte/services/special-pops/special-needs/awards.html>

**NDACTE Directors Award of Excellence:**

<http://www.nd.gov/cte/pdc/directorawards.html>

**NDACTE website at:**

<http://www.nd.gov/cte/services/special-pops/special-needs/>

**Join ACTE at: <https://www.acteonline.org/>**

**NDACTE at: <http://www.nd.gov/cte/>**



**Like NDACTSNE on Facebook.**



## Ten Brain Facts

1. Over 100 billion cells in the brain.
2. Two Brains – Right and Left.
3. Three Parts to the brain.
4. 4,000 Thoughts in a day.
5. Use all five senses when learning.
6. Six eye positions.
7. Seven chunks of information.
8. Learn using the eight multiple intelligences.
9. Nine second attention span.
10. Brain can hold 10 million books of data.

## Five Top Retention Strategies

By using these five strategies you can increase your retention 500%.

1. Storytelling
2. 10 Pegs
3. Mind mapping
4. Alliterations and Acronyms
5. Using Color

## YES!

Celebrate every success large and small with a YES.

Delete those defeat files by asking, “What did I learn from the experience?”

Build success files for future opportunities.

## Brain Retention

- |     |                     |
|-----|---------------------|
| 5%  | Lecture             |
| 10% | Reading             |
| 30% | Audiovisuals        |
| 50% | Discussion          |
| 75% | Do It               |
| 90% | Teach it in 24 Hrs. |

The brain will hold information that is:

**Meaningful**  
**Memorable**  
**Useful**

This is the University of Learning.

Remove Failure from your life:

**The**  
**Next**  
**Time**

## Classroom Success Tips SYSTEM Teaching

Every time you want to teach a specific skill, ask yourself, “Is there a way I can teach this skill so that the student can duplicate and teach it to someone else in 24 hours?” Always keep your system to five steps or less for best duplicating opportunities.

Here is an example. Math word problems are consistent issues for students. They don’t know how to begin or what to look for when solving the problem. Give them this five step process.

1. Identify the question.
2. Gather all the facts.
3. Decide which math operation to use.
4. Find an answer.
5. Compare your answer to the question.

Use these same five steps every time you solve a word problem. Create your own systems for student success.



**Model Of  
Excellence  
Added Value  
Learning is an  
emotional  
experience**

## 10 Activities To Motivate Your Students

|        |                         |
|--------|-------------------------|
| Head   | Mind mapping            |
| Eyes   | Visuals and Reading     |
| Mouth  | Discussion              |
| Collar | Color                   |
| Heart  | Bonding and Joy         |
| Hands  | Hands on Learning       |
| Tummy  | Feed them, they’ll come |
| Thighs | Teamwork                |
| Knees  | Presentations           |
| Toes   | 10 Pegs                 |

## Nine Second Attention Span

The brain needs an attention shift every nine seconds to stay focused. When lecturing, be sure you shift your actions and voice to help students maintain focus.

Unfortunately, the more TV, movies and computer games a student watches the less ability he or she has to focus even for nine seconds. Always suggest that your students use moderation while watching TV or playing computer games. This is one case where more is not better.

## Four I’s of Great Teachers

**Instruct**  
**Invite**  
**Involve**  
**Inspire**

## Top 10 BEST Foods For the Brain

1. Salmon
2. Nuts
3. Blueberries
4. Orange
5. Bananas
6. Yogurt
7. Olive Oil
8. Brown Bread
9. Spinach
10. Eggs

## Three Things the Brain Loves

**Water - Omega 3 (3,500mg)  
Protein & Complex Carbs**



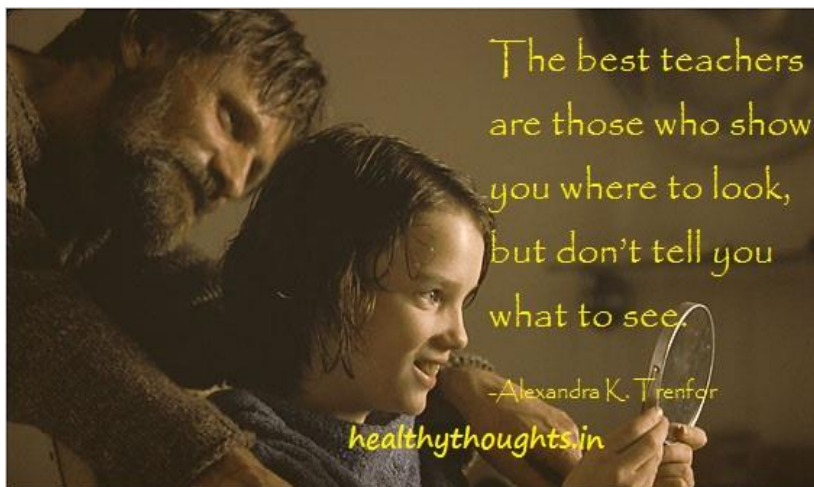
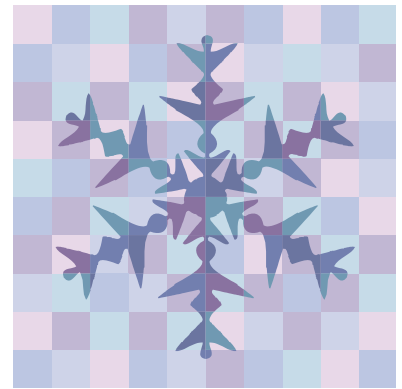
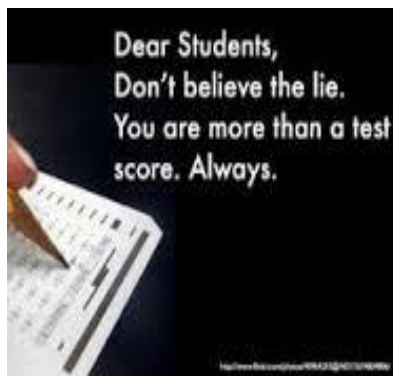
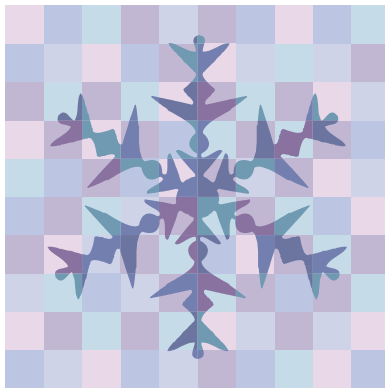
# NDACTSNE

## 2014-2015 Executive Board Members

### Name

### Position

|                        |                                    |
|------------------------|------------------------------------|
| Deb Holbrook .....     | President                          |
| Maria Kaduc.....       | President-Elect                    |
| Kalyn Botz.....        | Past President                     |
| Kandy Kasper .....     | Secretary                          |
| Kara Gruenberg .....   | Treasurer                          |
| Pat Johnson.....       | 1 year term Executive Board Member |
| Kathy Jerke.....       | 2 year term Executive Board Member |
| Traci Eklund.....      | 3 year term Executive Board Member |
| Kathy Jerke.....       | Awards Chairperson                 |
| Ann Kok.....           | NDACTE Representative              |
| Audrey Kasprowicz..... | Newsletter                         |
| Debra Huber.....       | Ex-Officio                         |



### Joke of the Day

As always, "S4TC" (Safe for the classroom)

**Teacher:** Where is your homework?

**Pupil:** I lost it fighting this kid who said you weren't the best teacher in the school.

Teach**HUB**

## Membership Application

|                     |      |             |       |
|---------------------|------|-------------|-------|
| Last Name:          |      | First Name: | M.I.: |
| School/Institution: |      |             |       |
| Home Address:       |      | City:       |       |
| State:              | ZIP: | Home Phone: |       |
|                     |      | Cell Phone: |       |
| E-mail Address:     |      |             |       |

Select from the following membership opportunities:

|                                              | <u>Amount</u>   |
|----------------------------------------------|-----------------|
| <input type="radio"/> NDACTSNE               | \$ 15.00 _____  |
| <input type="radio"/> ACTE (Includes NDACTE) | \$115.00 _____  |
| <input type="radio"/> Student Membership     | \$ 2.00 _____   |
|                                              | Total Due _____ |

|                                                                                   |                                                                                                                                     |
|-----------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|
| <p>Make Checks Payable To:</p> <p style="text-align: center;"><b>NDACTSNE</b></p> | <p>Mail To:</p> <p>Kara Gruenberg<br/> ND State College of Science<br/> 800 6<sup>th</sup> Street North<br/> Wahpeton, ND 58076</p> |
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